Suprep Prep

- Do not take other laxatives while taking Suprep.
- Do not take oral medications within 1 hour of starting each dose of Suprep.
- If taking tetracycline or fluoroquinolone antibiotics, iron, digoxin chlorpromazine, or penicillin, take these medications at least 2 hours before and not less than 6 hours after administration of each dose of Suprep.

The Dosing Regimen

Suprep is a split-dose (2 day) regimen. Two 6 ounce bottles are required for complete preparation for colonoscopy.

DOSE 1 - Day Prior to Colonoscopy. At approximately 6 P.M.

- Open 1 6 ounce bottle of Suprep and pour into the mixing container.
- Add water to the container (up to the fill line) and mix. Drink all the liquid in the container.
- Over the next hour, after completing the initial mixture, drink two additional 16 ounce glasses of water.

It is VERY important to continue drinking water throughout this process.

DOSE 2 - Day of the Colonoscopy

- Continue to consume only clear liquids until 3 hours before your scheduled colonoscopy.
- The morning of the colonoscopy (5-6 hours before the scheduled colonoscopy), open the second 6 ounce bottle of Suprep.
- Repeat the above steps from DOSE 1

IMPORTANT: You must complete all of Suprep at least 3 hours before your scheduled colonoscopy.

If you experience symptoms, such as nausea, bloating or cramping, pause or slow the rate of drinking the water until the symptoms diminish.